

Minister's Letter

Well, we had a wonderful entrance into the Fall Season with our End-Of-Summer Festival. We are so grateful for all the creativity and support this event revealed and have many ideas for an annual Fall Event. So, it is with great joy and anticipation that we welcome this seasonal change called Autumn. All seasons signal some kind of change. And change is something we humans try to avoid. Yet, we are reminded with the falling leaves that change is part of life and even though we may not be able to exert any power over effects, we can, through our acceptance, empower ourselves and join in an attitude of harmony with the changes that occur.

The summer has been so busy - it is the time we get out there and participate in the many events the season offers. But Fall gives us the opportunity to go within, to re-examine our intents and motivations. Often we do this through our studies. It is a great time to take a class or return to our meditations and spiritual studies. In our Science of Mind 104 Class, we are reviewing the section of the SOM Textbook titled, "General Summary."

Some of the quotes are as follows:

- Pg. 413.2** - "To practice the Presence of God is to awaken within us the Christ Consciousness."
Pg. 414.2 - "Thoughts are more than things, they are the cause of things."
Pg. 420.2 - "One of the most illuminating truths which mysticism has revealed is there is no ultimate reality to evil."
Pg. 422.3 - "The answer to every question is within man."
Pg. 400.1 - "Conscious thought is the start of every new creation."
Pg. 407.3 - "Cause and effect are but two ends of one Unity."

So, these are some of the ideas we explore in our SOM accredited classes. And if class is not in your plans at this time, a great way to start out this season of change would be to just take those six statements and see what they mean to you. In the classroom of our minds, change is always taking place. How wonderful to have the spiritual tools with which we can orchestrate the kinds of changes we want to take place. All outer experience is subject to change when we change our minds.

In Indian mythology, autumn is considered to be the preferred season for the Goddess of Learning, Saraswati, also known by the name of Goddess of Autumn. So, it's not just the kids who return to school in the Autumn. Let's joyfully join in learning and growing together.

Blessings,

Reverend Lynn



Sequim
Center for Spiritual Living

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Sequim Center for Spiritual Living
Sunday Services
10:00 a.m.
Pioneer Memorial Park, Sequim
For information contact:
Rev. Lynn Osborne
crevlynn@olympen.com
or visit us at
www.cslsequim.org



*I set my bow in the clouds
and it shall be a sign
of a covenant between me
and the earth. – Genesis 9:13*

EDITOR's ESPRIT

Dear Friends,

What's in a name? Some people in Sequim, WA are asking that question. Sequim is a word from the Klallam language. For the last century it was believed to mean Quiet Waters. This can evoke thoughts of a serene lagoon or some other peaceful, calm place.

Quiet Waters seemed fitting for Sequim, WA. It has been a tranquil, relaxing town. Quiet Waters seemed fitting also, because up until the late 1800's, the waters were quiet in Sequim – they were not flowing to the valley. One man, D.R. Callen, had a vision of how to irrigate the parched prairies. He was called Crazy Callen by some, for his ideas were so different from what was believed possible at the time. He persevered and the water now provides nourishment to the once dry land.

A research professor in linguistics was examining the Klallam language and discovered the word Sequim does not mean Quiet Waters but rather, Hunting Ground. Members of the Jamestown S'Klallam Tribe recently announced the clarification.

While this may be clarification for some, for others it is confusing and disconcerting. Hunting Ground brings to mind bows and arrows, guns, wild animals, etc. This is the opposite of the serene town they have come to know and love. They liked the Quiet Waters translation better. Does changing the motto – the definition, change Sequim? The opinion of the observer may change, but the true quality of Sequim remains the same.

What's in a name? You name it – literally. We put names and labels on people, places and things. The meaning attached to these labels can change based on our perception at the time. How often have we said something is bad and later discovered a blessing came from it?

Crazy Callen did not let what other people said affect him. He had a clear vision, a definite plan, a true knowing. He did not identify himself with the words used by others.

Sometimes we name things as a way of identifying them on this plane. In the Infinite Realm, our identity is our Oneness with the One. We are forever connected in Spirit with the One Spirit, the Universal Intelligence, the Divine Mind, the Creative Power. We are all a part of this, and therefore we are all One.

We can choose to let the quiet waters of Love flow thru us. In doing this we experience the Serenity, Harmony and Peace that is intrinsic in the One. Whenever we feel we are hunting for something, we can turn to the Universal Mind and be grounded in the Truth of our being.

Maybe our motto – or rather our affirmation, could be: **I am MOTO – More Of The One.**

Light and Love,
Kathy Purcell, Editor

“So powerful is the light of unity that it can illuminate the whole earth.” ~ Baha'u'llah



TREATMENT



By: Victoria Kelley R.Sc.P.



As we glide into the magnificent colors of Autumn I see God everywhere. Divine Spirit permeates all there is, is all there is. God alone is good and Truth alone is right. As I take in the crisp air of fall I feel the life energy flowing through me, acknowledging and accepting I am unlimited and evolving each and every day.

I am a unique and intricate part of the tapestry of life. God and I are One, growing and expressing a limitless Principle and an ever unfolding Love. As I dwell in Christ Consciousness all of my needs and desires are met. I openly accept my good, my vibrant health, my loving relationships, and my increasing prosperity. With this acceptance I release any doubt of my worthiness or my ability to receive. My realization is, all of this is mine now and forever. All of this and more has always been mine

My whole being is receptive to life and joy. I now receive from the indwelling Spirit perfect thoughts and ideas for my purpose and continuing evolution. As I stand in Spirit's array of wondrous sights, and vibrational sounds I feel my mind, body, Spirit and soul connection and I know all that God is I can reveal in my world. Nothing within me can impede this action. I go forward in love and joy celebrating each day that is given to me.

I bow my head and lift my heart in eternal gratitude and thankfulness for my very existence and ongoing blessings. It is deep appreciation and love that fills my heart.

Feeling my inner being with Spirit I truly release and let God. And so it is.

“In nature, nothing is perfect and everything is perfect. Trees can be contorted, bent in weird ways, and they’re still beautiful.” ~ Alice Walker

FORGIVENESS WORKSHOP

The Forgiveness Workshop brought a full house of 12 participants to our annex at JoAnn Fisher's home. Presented in tandem by Rev. Lynn Osborne and Deb Nygaard, we were invited to observe our grievances and transform our thoughts around them. The reference of the Radical Forgiveness Worksheet created by Colin Tipping was supplied and many of us shared the growth that occurred by working through that valuable tool. We also learned from “Forgive For Good” by Fred Luskin, some common unenforceable rules that fall into the category of false beliefs for many people. It was an afternoon of camaraderie, growth, trust and sharing that provided new insights, healing and new perspectives.



Sue Pennington

APPRECIATION

We gratefully acknowledge the wonderful, loving support of the following people.
The team effort that supports this work is greatly appreciated.

VOLUNTEERS:

Ida Nordquist
Walter Clark
Jack Hubley
Elaine DeLap
JoAnn Fisher
Kathy Purcell
Deb Nygaard
Elizabeth Van Sickle
Kali Bradford
Dan Cummings

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Joan Hathaway-Sheldon
Jean Cameron
Jan Boyungs
Marcie Matthieu
Laura & Tom Maes
Rod & Mary Harp

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Sylvia Boss
Joan Hathaway-Sheldon

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BOOKS:

JoAnn Fisher

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Elaine DeLap
Elizabeth Van Sickle
Ida Nordquist

WEBSITE/PROGRAMS:

Kathy Purcell
JoAnn Fisher

*“If a man harbors any sort of fear,
it makes him landlord to a ghost.”
~ Lloyd Douglas*

THANK YOU

A big thank you to Barbara Davies for signing up for one Sunday per month. We encourage others to “claim their Sunday” so we always have hospitality covered.

Thanks,
Joan Hathaway-Sheldon



INCOME & EXPENSE REPORT 2010

	JUNE 10	JULY 10	AUG 10
Income	\$3,257	\$3,084	\$3,670
Expenses	\$3,681	\$3,479	\$3,528
Income minus Expenses	(\$424)	(\$395)	\$142
Attendance	142	148	187

Celebrate Life!



OCTOBER

3 Beverly Moris
10 Mary Harp
12 Joan Hathaway-Sheldon
13 Jeff Carl
13 Mackenzie Hagstrom
22 Ginny DeFord
23 David Kilpatrick
23 Tom Maes
25 Joe Edwards
26 Robert DeFord

NOVEMBER

8 Beth Medearis
8 Chris Allen
17 Elsbeth McLeod

*“A grandmother pretends she doesn't
know who you are on Halloween.”
~Erma Bombeck*

MISSION STATEMENT

To Serve and Support each other
in Living from Spirit.



VISION STATEMENT

We are a growing spiritual community
expressing Love and Oneness with all.

COURSE IN MIRACLES

Meets Thursdays from 3:00 pm - 4:30 pm
At Jo Ann Fisher's House
Facilitator: Michael Laakso
Love Offering

SOM 103

Wednesdays from 3:00 - 5 PM
At JoAnn Fisher's House
Facilitator: Rev. Lynn Osborne
Tuition: \$110 for Credit

SOM 202

Tuesdays from 7:00 - 9 PM
At JoAnn Fisher's House
Facilitator: Rev. Michael Laakso
Tuition: \$110 for Credit

*“Everyone must take time to sit and watch
the leaves turn.” ~ Elizabeth Lawrence*

Sequim Center for Spiritual Living
is "Open at the Top."
We welcome members of the
community to join us.

For membership information,
please contact Rev. Lynn at 681-7451

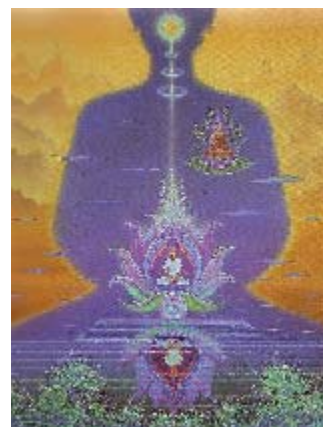
THE WISH LIST

Let us know that all Good is now being
drawn to our Center by right of our
Consciousness. This includes the growth
in body, mind and spirit and the many
ways that can show up in our experience.
We are open to the demonstration of outer
manifestion to meet our every need and
are willing to surrender the ways and
means to God.

MEDITATION WORKSHOP

A Meditation Workshop was scheduled for 10:00 AM on **Saturday 25 September 2010** at JoAnn Fisher's home. Due to a number in attendance, we revised plans and held a Meditation Retreat for the three Practitioners present. After a time of checking in we experienced a roughly thirty minute guided meditation with a period of silence and a closing visualization. This proved a rebalancing and centering experience. There followed a snack and further checking in before ending the Retreat.

We plan to offer another Meditation Workshop in the spring of 2011,
date to be announced.



*“Meditation here may think down hours to moments. Here the heart may give a useful
lesson to the head, and learning wiser, grow without his books.” ~ William Cowper*

WHAT'S IN A WORD?

Sometimes we read or hear a word or phrase, and something quite different than the typical meaning comes to mind. This column is a place to share what's in a word for you. Below are three examples. If you have any meaningful words you would like to share, we welcome you to submit them to Kathy Purcell.

EYE CONTACT / I CONTACT – When I make **EYE CONTACT** with another being, **I CONTACT** the Universal Spirit that is within All.

WEIGH / WAY – If life seems to **WEIGH** us down, we can turn to the Infinite Presence who guides our **WAY**, Who Is The **WAY**.

IN CONSISTENT / INCONSISTENT – When we are **IN CONSISTENT** awareness of our Source, we encounter no experiences that are **INCONSISTENT** with the Truth of our being.

I
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“Abundance is not something we acquire. It is something we tune into.” ~ *Wayne Dyer*



Prosperity Workshop

October 16, 2010, 11:00am-2:00pm, \$20

JoAnn's home in Sequim

Supplies and lunch will be provided

Sign up sheet at the Center or call 360-977-7689

Facilitated by Victoria Kelley R.Sc.P.

The Happy Booker Corner

By: JoAnn Fisher



COLLECTED ESSAYS of JOEL GOLDSMITH

Author of The Spiritual Classic *The Infinite Way*

I have been inspired by Joel Goldsmith's writings for nearly forty years. My first encounter was his book, *The Art of Meditation*. That was a turning point in my life. Then, I discovered a second story room called *The Infinite Way* near Karls' Bakery on Montana Ave. in Santa Monica. At various times during the day anyone could enter this simple, peaceful room of white with green plants, sit down and listen to tapes of Joel Goldsmith reading from his writings. What a blessing this was at that time when my kids were teenagers and I was going in many directions.

I love Goldsmith's book of *Collected Essays* because he speaks to many different subjects, experiences and concerns that always have the ongoing healing power of Christ Light within them. Some of the chapter headings are: Supply, Meditation, Business, "Ye Are The Light", Truth; The Secret of the Twenty-Third Psalm, Love, Gratitude, I Am The Vine, The Deep Silence of My Peace, The Fourth Dimension of Life, The Easter of our Lives, and a few others. "They all reveal the same core belief - from within, you will find Grace."

Marianne Williamson writes, "Joel Goldsmith has opened a door in my soul. He has helped me immeasurably in my search for peace." Wayne Dyer writes, "I have an 8x10 picture of Joel Goldsmith on my writing table. I feel his presence with me every day...I consider Joel to be one of my most important teachers. His wisdom guides me in all of my work." For powerful support in walking the illumined path of Spiritual brotherhood and living in Grace, not fear, Joel Goldsmith is timeless.



HALLOWEEN'S SPIRITUAL MEANING

The spiritual truth behind Halloween is that all religions have ways of honoring their ancestors. YES, that is what Halloween is about. It is a time to honor and pay attention to the lessons that your ancestors have given you. Eve of the Hallows. Remember Grandma and Grandpa and what legacy they left on this planet. Remember their struggles so you may learn from their lessons and life may be easier for you. Remember their LOVE, their warmth, their light and their words.

Halloween is a time for meditating on what gifts your loved ones have left you. May we never live in a society that forgets their dead. Such a society would be prone to forget their lame, their handicapped and their not so fortunate. May we remember our forefathers and foremothers of our country, our ancestor nations and our various religions. May we always remember the patriarchs and matriarchs and may we learn from them.

May we use the memory of those who have gone before us to build stronger futures for ourselves and our children. May we remember the wars— so we do not repeat those mistakes. May we remember the love—so that we may hope. May we remember the pain—so that we may live in joy.

Halloween is a celebration of legacy. We celebrate what our ancestors have given us. We remember the dead and know that our children will remember us. This allows us to celebrate LIFE. Lichaim. For Life. Most of all this is a holiday to count your blessings. For the road behind you is rich in tradition, wisdom and experience. And so is the road before you. Lichaim, Blessed Be & Shalom.

End of Summer Festival

As the summer drew to an end, the board decided a great way to bring the congregation and the community together was through an End-of-Summer Festival. We had a superb turnout of fun-loving folks who enjoyed the various activities we had planned.

Many of us enjoyed delectable goodies from the bake sale and Danny's pulled pork lunch. Madame La Roux (Marie O'Neil) read our fortunes. Many of us played the games hosted by Ed Marx, Walter Clark, Dick Abell and Rod Harp. How many of you were able to return a frog to the pond? Kathy Purcell and Barry Pennington provided hearty hugs at our Anti-Kissing Booth, but not too many people were willing to throw a whipped cream pie in Victoria's face. Deb Nygaard did a fabulous job as cashier.

Most of the items generously donated to the silent auction were purchased with some items seeing light-hearted bidding wars. A heartfelt THANK YOU goes out to all of our donors for the auction and the bake sale: Dick Abell, M.E. Bartholomew, Jean Cameron, Walter Clark, Phylis Coates, Flora Collins, Dan Cummings, Paul Duffy, JoAnn Fisher, Mary Franklin, Karen Hull, Rev. Michael Laasko, Keith Meyer, Bev Morris, Ida Norquist, Joan Hathaway-Sheldon and her son Matthew, Heather Segar, Joanie Schmoll, EdenScapes Florist, Phoenix Rising and Seven Cedars Casino.

A joyous congratulations goes to Tom Maes for winning our raffled television. We appreciate all the ticket purchasers and sellers, especially Tom Cunningham who sold the most tickets. Victoria and I send a whole-hearted "Thank You" with gratitude from the bottom of our hearts for making this event the success that it was. It would not have happened if it weren't for all of you and for Rev. Lynn's acceptance and enthusiasm.

~ Sue Pennington



This Way for FUN!



Danny serves up his Specialty



Matthew & Joan tempt our taste buds



Madam LaRoux helps us see ourselves

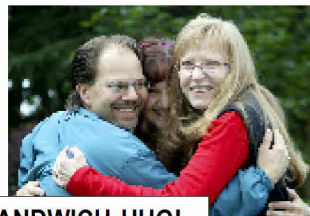


Silently adding their names to the Silent Auction bid lists

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Sharing Hugs - even a SANDWICH HUG!

Our MC's



The Ping Pong Principle

PLAYING GAMES



FUN at the Roll of the Dice!



DART-ing About



Deb, the Cashier and part-time Photographer



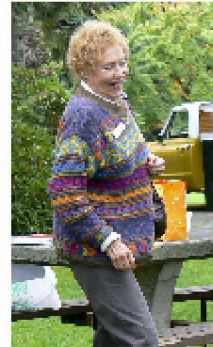
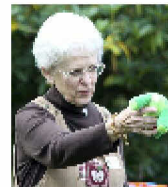
Not just a dog-n-pony show!



ENTERTAINMENT



Pie-Eyed



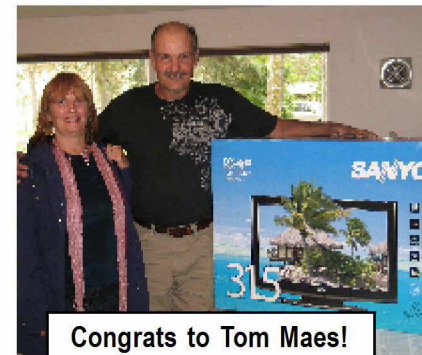
A Band of Friends...Music to our Ears



Dancing the Day Away



Something is FISHy with Ed



Congrats to Tom Maes!

DEMONSTRATIONS

Welcome to the Demonstrations Column! It highlights demonstrations of answered Prayer Treatment. Our Word released into Law brings into our experience that which we accept as our Truth. The acknowledgement and gratitude of one, strengthens the awareness for us All. Our Highest and Best await joyfully to express thru us. ~kp

After a yearlong search, I was finally able to secure full-time employment. Despite sending numerous resumes, and applications, I was beginning to lose faith. That is when, with the assistance of my loving wife, I began treating for employment. A number of times I asked to be placed in the prayer circle after an interview. I also wrote several affirmations, prayed and meditated as part of my search. It was cumbersome at times. I would receive callbacks for a few second interviews seemingly, yet nothing materialized. At times I took the news in stride, other times not as much. I just tried to keep a perspective knowing that God was saving perfect employment for me. My search included the greater Seattle area as a few miles of highway were covered, a few ferry rides were had, and quite a few cups of coffee were drunk. Faith, determination and prayer were needed too.



At the end of June, I was able to secure a job here in Sequim at the new GoodWill. Thus far, it has been prosperous, challenging and enjoyable. It was where I was meant to be all along.

Barry Pennington

A TESTIMONY FROM IDA NORDQUIST

I have called upon our wonderful prayer team many times in the past, but the healing support they gave my daughter Connie and me in June was truly wonderful. About a year ago Connie began to organize a family trip to Ireland to explore our family roots. She and her husband, Alden, planned to take me, their teenager Johanna, and Alden's father and mother, making six in all. The departure date was set for June 10th. However, about the 20th of May Connie became quite ill and was put on antibiotics and it looked like the trip wasn't going to happen. But she rallied and decided she was well enough to go since the whole trip had been mostly prepaid and, after a year of planning, she hated the idea of not going.

We flew to Ireland on the 10th for two weeks of traveling and sight-seeing. The weather was great, the places she had selected for us to visit were outstanding and all went well for twelve days. Then Connie began to get her symptoms back. The day before we were to leave we returned to Shannon our exit point. However, by this time I felt that Connie should go to the hospital but she didn't want to be stuck in an Irish hospital with all the rest of us going back to New York. Of course, her husband would have stayed but he left it up to Connie to stay or go.

(What I know now is that Connie should have gone to the hospital and gotten stabilized for the trip home. I also didn't call the Prayer Team from Europe which I should have.) But we did get her back to her home in Takoma Park, Maryland. Alden rushed her to the hospital. I called Lynn to notify the rest of the Prayer Team to please support my own prayers. I shall always remember what Lynn said to me. She told me to release the worry. I knew it wasn't helping, so I did. You know the saying "Let Go and Let God!"

continued on page 11

continued from page 10

The hospital stabilized Connie so she could sleep but said she needed to go to a specialist to find out what was wrong with her. This took several anxious days. Finally a diagnosis was reached. Connie had Lyme disease from the deer that came into her garden in the Spring with ticks.



This disease takes a very special kind of anti-biotic which she took for three weeks. Connie had to surrender to doing nothing but she was worried she would not be able to conduct a workshop she had planned for NASA personnel that had been on the books for a long time at the end of the month. But the Prayer Team managed to keep her career on track and she was able to give the workshop.

Connie, Alden and Johanna were able to leave as planned for their vacation home in Canada for the month of July where I knew she could totally relax. I really count all this as a miracle. Connie has been reading the Science of Mind literature for two years now and loves it.

She has now formed her own relationship with our wonderful Minister Lynn Osborne and I suspect that they will be working with each other in the future. I love the thought that God can bring good out of anything. This has certainly proved true in my experience. So my own lesson in all this was - no matter where you are in the world - call for help when you need it.



AUTUMN ABUNDANCE

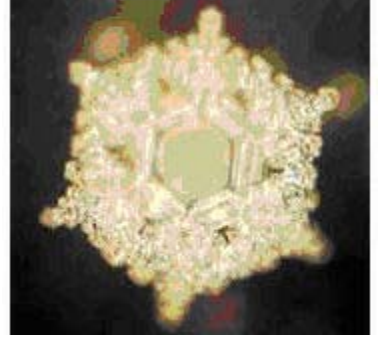
**We give thanks, our Father-Mother God,
For golden days of burnished radiance,
For lingering leaves that burst in flames
Of scarlet and crimson on stalwart oaks,
While chattering, scampering squirrels
Frisk among a riot of acorn abundance
Designed for their winter supply.
Wonder stirs our hearts
As we observe the divine pattern
Of wild geese in flight
Across a wind-blown autumn sky!
The sweet fragrance of ripened purple grapes
And wafts of pungent smoke
Evoke remembered loveliness.
Distant sheaves of harvest grain,
Fields of ripened corn and squash,
Fences of burnt orange bittersweet
The trailing russet vines –
All yield a rush of enchantment that excites
Continued praise for luxuriant providence,
For all Thy magnitude of love expressed,
We bring grateful hearts in thankfulness.**

By: Harold Whaley (*Truth the Poet Sings*)



**“Every leaf speaks bliss to me, fluttering from
the autumn tree.” ~Emily Bronte**

Water exposed to
Gratitude & Love



Remember the prayer for water...

TO: A Very Valuable Worthwhile Person

Sequim Center for Spiritual Living
Rev. Lynn Osborne
P.O. Box 2708
Sequim, WA 98382



Please join us at
Sequim Center for Spiritual Living
Sunday Service
10:00 a.m.
Pioneer Memorial Park
Sequim

Kassandra Kersting
Anger Management Classes



Call for Information
360-582-0812

